

APS DAMANA-SYLLABUS BIFURCATION-ENG-CL I-2025-26

TEXTBOOK: MRIDANG

GRAMMAR- MY GREEN BOOK OF GRAMMAR

MONTH/DAYS	NAME OF THE CHAPTER	ACTIVITY	EXAMINATION
APRIL (20)	VIDYA PRAVESH ACTIVITIES	<ul style="list-style-type: none">• VIDYA PRAVESH ACTIVITIES• NATURE WALK• MAKE FINGER PUPPETS	TERM I
MAY (16)	VIDYA PRAVESH ACTIVITIES AND WORKSHEET	<ul style="list-style-type: none">• VIDYA PRAVESH ACTIVITIES AND WORKSHEET	
JULY (20)	UNIT-1 MY FAMILY AND ME CH-1 TWO LITTLE HANDS (ACTION POEM) CH-2 GREETINGS <u>GRAMMAR:</u> L-1 THE ALPHABETS L-9 A, AN, THE L-5 GENDER L-11 IS, AM, ARE +ING	<ul style="list-style-type: none">• TRACE AND DESIGN YOUR PALM WITH BINDIS, CRUSHED PAPERS OR ANY ITEM • CHILDREN WILL ENACT THE STORY (WITH THE HELP OF PUPPETS)	
AUG (19)	UNIT-2 LIFE AROUND US CH-1 PICTURE TIME CH-2 THE CAP SELLER AND THE MONKEY <u>GRAMMAR:</u> L-2 NAMING WORDS L-3 SPECIAL NAMES L-4 ONE AND MANY L-13 IN, ON, UNDER, NEAR	<ul style="list-style-type: none">• GENDER- SWAP GAME	
SEP (21)	UNIT 2- LIFE AROUND US CH -3 A FARM <u>GRAMMAR:</u> L-18- READING COMPREHENSION	<ul style="list-style-type: none">• FIRELESS COOKING- MAKING SEASONAL FRUIT CHART	

OCT (17)	UNIT-3 FOOD CH-1 FUN WITH PICTURES CH-2 THE FOOD WE EAT <u>GRAMMAR:</u> L-6 I, WE, YOU, THEY... L-8 THIS, THAT, THESE, THOSE	<ul style="list-style-type: none"> POTLUCK ACTIVITY- STUDENTS WILL BRING THE FOOD AND SHARE PLACE PRONOUN CARDS AROUND A CLASSROOM. STUDENTS MUST WALK TO THE CORRECT PRONOUN CARD AND SAY THE NEW SENTENCE 	
NOV (20)	UNIT-4 SEASON CH-1 THE FOUR SEASONS <u>GRAMMAR</u> L-7 DESCRIBING WORDS L-10 DOING WORDS	<ul style="list-style-type: none"> STUDENT WILL MAKE A SEASONAL WHEEL WITH HELP OF THEIR TEACHER 	TERM II
DEC (21)	UNIT-4 SEASON CH-2 ANANDI'S RAINBOW <u>GRAMMAR:</u> L-14 THE SENTENCE	<ul style="list-style-type: none"> DRAW A GARDEN SCENE AND PAINT ALL THE FLOWERS WITH RAINBOW COLORS 	
JAN (11)	<u>GRAMMAR:</u> L-12 HAS, HAVE L-17 WRITING	<ul style="list-style-type: none"> OBSERVE A PICTURE AND WRITE FEW SENTENCES ON IT. 	
FEB (20)	<u>GRAMMAR:</u> L-15 CAPITAL LETTER, FULL STOP, QUESTION MARK, COMMA L-16 VOCABULARY REVISION	<ul style="list-style-type: none"> LET US BE A DETECTIVE- FIND ERRORS 	
MARCH (13)	<u>ANNUAL EXAMS</u>		

आर्मी पब्लिक स्कूल दमाना- पाठ्यक्रम विभाजन -हिन्दी- कक्षा १-सत्र (2025 -26)

पाठ्यपुस्तक- सारंगी

व्याकरण - व्याकरण सुधा

महीना/ दिन	संदर्भ	गतिविधियाँ	परीक्षा
अप्रैल (20 दिन)	<ul style="list-style-type: none"> • विद्या प्रवेश -छात्र परिचय . स्वरों पर चलना . कविता वाचन 'चंदा मामा दूर के' . अक्षर गीत (स्वर) . स्वर संबंधित कार्य पत्रिका . वर्णमाला 	<ul style="list-style-type: none"> - शब्द रेल - आगे वाला व्यंजन कौन है? - कार्य पत्रिका 	
मई (16 दिन)	<p>पाठ-१ मीना का परिवार व्याकरण</p> <p>पाठ - १ भाषा (मात्राएँ और शब्द) स्वर एवं ध्वनियों का विकास।</p>	<ul style="list-style-type: none"> - बच्चे परिवार के अलग-अलग सदस्यों का रोल निभाएंगे और संवाद करेंगे । - "उ" की मात्रा-शेथुरु होने वाली वस्तुओ केचित्र बनाइए। 	
जुलाई (20 दिन)	<p>पाठ - २ दादा -दादी व्याकरण संख्या ज्ञान</p> <p>पाठ - ३ रीना का दिन</p> <p>पाठ -४ रानी भी मुर्गा बोला कुक्डून कूं (कविता)</p>	<ul style="list-style-type: none"> - अपने दिन की दिनचर्या लिखना: जैसे - कब उठते हैं, स्कूल जाते हैं, खेलते हैं, आदि। - मेरा सपना - "अगर मैं रानी होता/होती तो..." - बच्चे चित्र बनाएं या दो वाक्य लिखें। 	
अगस्त (19 दिन)	<p>पाठ - ५ मिठाई</p> <p>पाठ- ६ तीन साथी</p> <p>पाठ- ७ वाह, मेरे घोड़े</p> <p>व्याकरण पाठ-५ नाम वाले शब्द</p>	<ul style="list-style-type: none"> - अपनी पसंदीदा मिठाई का चित्र बनाएं और लिखें कि वह मिठाई किससे बनती है। उदाहरण: "लड्डू - आटा, घी, शक्कर"। - पात्रों की पहचान प्रत्येक पात्र (चिड़िया, चींटी, गिलहरी) का चित्र दिखाएं। - बच्चों से कहें कि वे उनके बारे में एक-एक लाइन में बोलें। 	
सितम्बर (21 दिन)	<p>पाठ-८ खतरे में सांप</p> <p>व्याकरण पाठ - ६ लड़का लड़की</p> <p>व्याकरण पाठ - ७ एक-अनेक</p>	<ul style="list-style-type: none"> - दैनिक जीवन में उपयोग होने वाले खाद्य वस्तुओं की जानकारी चित्रों क रूप मे प्रस्तुत करना। - "पुलिंग पहचानो - कार्ड खेल" 	अर्ध- वार्षिक परीक्षा

अक्तूबर (17 दिन)	पाठ- ९ आलू की सड़क पाठ- १० झूलम-झूली	- चित्र पहचानो और नाम लिखो: सब्जियों के चित्र दिखाइए (आलू, टमाटर, बैंगन आदि)। कविता में दिए गए खेल का चित्र बनाना	
नवम्बर (20 दिन)	पाठ-११ भुट्टे पाठ-१२ फुली रोटी पाठ १३ मेला	- कविता वाचन और चित्र रचना उ या ऊ की मात्रा लगाकर शब्द बनाना	
दिसम्बर (21 दिन)	पाठ १४ बरखा और मेघा पाठ १५ होली पाठ १६ जन्मदिन पर पेड़ लगाओ	- बोलो और पहचानो (शिक्षक रंगों के नाम बोलेंगे - जैसे लाल, नीला, पीला आदि। बच्चे कक्षा में रखे रंगों की वस्तुओं को पहचानेंगे और बताएँगे। - जन्मदिन वचन बच्चों से एक सरल प्रतिज्ञा बुलवाएँ - "मैं प्रतिज्ञा करता/करती हूँ कि मैं अपने हर जन्मदिन पर एक पेड़ लगाऊँगा/लगाऊँगी और उसका ध्यान रखूँगा/रखूँगी।"	
जनवरी(11दिन)	व्याकरण पाठ १२ समान अर्थ वाले शब्द पाठ १७ हवा	- पंखा बनाओ- बच्चों को रंगीन कागज़ से पंखा बनाना सिखाएँ। - ओ अक्षर वाले जानवरों के चित्र चिपकाकर ,उनके नाम लिखना (कार्य पत्रिका)	
फरवरी (20 दिन)	पाठ १८ -कितनी प्यारी है ये दुनिया पाठ १९ चाँद का बच्चा व्याकरण - चित्र वर्णन पाठ - ७ एक - अनेक	- मेरी कल्पना (मौखिक) - बच्चों से पूछें: "अगर तुम चाँद पर होते तो क्या करते?" बच्चे अपनी कल्पना को चित्र या मौखिक रूप में प्रस्तुत करें।	
मार्च (13 दिन)			वार्षिक परीक्षा

APS DAMANA-SYLLABUS BIFURCATION-MATHS-CL I-2025-26**TEXTBOOK: JOYFUL MATHEMATICS**

MONTH/DAYS	NAME OF THE CHAPTER	ACTIVITY	EXAMINATION
APRIL (20)	<ul style="list-style-type: none"> • PRE NUMBER CONCEPT 	<ul style="list-style-type: none"> • VIDYA PRAVESH ACTIVITIES 	TERM I
MAY (16)	<ul style="list-style-type: none"> • COUNTING: BACKWARD AND FORWARD • COUNTING 1-9 	<ul style="list-style-type: none"> • VIDYA PRAVESH ACTIVITIES 	
JULY (20)	CH- 1 FINDING THE FURRY CAT! CH-2 WHAT IS LONG? WHAT IS ROUND?	<ul style="list-style-type: none"> • BUCKET GAME, TIRNGA WORKSHEET • DRAWING AND MAKING MODELS OF LONG AND ROUND OBJECTS. 	
AUG (19)	CH-3 MANGO TREAT CH-4 MAKING 10	<ul style="list-style-type: none"> • MAKING NUMBER CARD 	
SEP (21)	CH-5 HOW MANY?	<ul style="list-style-type: none"> • DICE GAME 	
OCT (17)	CH-6 VEGETABLE FARM CH-7 LINA'S FAMILY	<ul style="list-style-type: none"> • NUMBER LINE HOPPING • SCALE AND HANDSPAN MEASUREMENT OF DIFFERENT OBJECTS. 	TERM II
NOV (20)	CH-8 FUN WITH NUMBERS CH-9 UTSAV	<ul style="list-style-type: none"> • HOPPING ON NUMBERS • PATTERNS USING VEGETABLE STAMPING, RANGOLI. 	
DEC (21)	CH-10 HOW DO I SPEND MY DAY?	<ul style="list-style-type: none"> • SEASON WHEEL • TIME TABLE 	
JAN (11)	CH-11 HOW MANY TIMES? CH-12 HOW MUCH WE CAN SPEND?	<ul style="list-style-type: none"> • MAKING EQUAL GROUPS • MAKING GULAK AND ROLE PLAY 	
FEB (20)	CH-13 SO MANY TOYS REVISION	<ul style="list-style-type: none"> • SORTING GAME AND COLLECTING DATA FROM CLASS. 	
MARCH (13)	<u>ANNUAL EXAMS</u>		

APS DAMANA-SYLLABUS BIFURCATION- EVS -CL I-2025-26**TEXTBOOK- MY PLANET BUDDIES**

MONTH/DAYS	NAME OF THE CHAPTER	ACTIVITY	EXAMINATION
APRIL (20)	<ul style="list-style-type: none">• ABOUT ME• HEALTHY FOOD AND HABITS• VIDYA PRAVESH ACTIVITIES	<ul style="list-style-type: none">• VIDYA PRAVESH ACTIVITIES	TERM I
MAY (16)	<ul style="list-style-type: none">• COMMUNITY HELPERS• VIDYA PRAVESH ACTIVITIES AND WORKSHEET	<ul style="list-style-type: none">• VIDYA PRAVESH ACTIVITIES	
JULY (20)	CH-1 MY BODY CH -2 THE FOOD WE EAT	<ul style="list-style-type: none">• OUTDOOR PLAY• HEALTHY FOOD TIFFIN DRIVE	
AUG (19)	CH -3 CLOTHES WE WEAR CH-4 KEEPING CLEAN, FIT AND HEALTHY CH -5 I LOVE MY FAMILY CH-6 HOME SWEET HOME (ACTIVITY BASED)	<ul style="list-style-type: none">• COLLAGE MAKING OF DIFFERENT CLOTHES• STORY TELLING• ROLE PLAY	
SEP (21)	CH-7 MY SCHOOL CH-8 LET US CELEBRATE (ACTIVITY BASED)	<ul style="list-style-type: none">• VISIT SCHOOL PREMISES• ROLE PLAY	
OCT (17)	CH-9 SAFETY HABITS (ACTIVITY BASED) CH-10 MY NEIGHBOURHOOD CH-11 PEOPLE AT WORK (ACTIVITY BASED)	<ul style="list-style-type: none">• ROLE PLAY OF HELPERS	TERM II
NOV (20)	CH-12 THE WORLD OF PLANTS CH-13 THE ANIMAL WORLD	<ul style="list-style-type: none">• COLLECTION OF DIFFERENT TYPES OF LEAVES AND OBSERVE THEM	
DEC (21)	CH-14 ANIMALS OUR FRIEND CH-15 AIR	<ul style="list-style-type: none">• STORY TELLING USING ANIMAL PUPPETS	
JAN (11)	CH-16 WE NEED WATER CH -17 HOW IS WEATHER	<ul style="list-style-type: none">• POSTER MAKING	
FEB (20)	CH-18 UP IN THE SKY REVISION	<ul style="list-style-type: none">• OUTDOOR SKY OBSERVATION	
MARCH (13)	<u>ANNUAL EXAMS</u>		

APS DAMANA-SYLLABUS BIFURCATION-COMPUTER-CL I-2025-26**TEXTBOOK- LIVE WIRE**

MONTH/DAYS	NAME OF THE CHAPTER	ACTIVITY	EXAMINATION
APRIL (20)	CH- 1 MEET MR. COMPUTER	<ul style="list-style-type: none">• VISIT TO COMPUTER LAB• DRAW A COMPUTER AND COLOUR IT	TERM I
MAY (16)	CH-2 COMPUTER MY FRIEND	<ul style="list-style-type: none">• VISIT TO SCHOOL RECEPTION AREA, AUDITORIUM ETC. (PLACES WHERE WE USE COMPUTER.)	
JULY (20)	CH-3 CLICK! CLICK! CLICK! COMPUTER MOUSE	<ul style="list-style-type: none">• COMPUTER PRACTICAL	
AUG (19)	CH-4 LET US TYPE	<ul style="list-style-type: none">• COMPUTER PRACTICAL	
SEP (21)	CH-5 TUX PAINT	<ul style="list-style-type: none">• COMPUTER PRACTICAL	
OCT (17)	CH-5 TUX PAINT	<ul style="list-style-type: none">• COMPUTER PRACTICAL	TERM II
NOV (20)	CH-6 SAY HELLO TO ALL	<ul style="list-style-type: none">• COMPUTER PRACTICAL	
DEC (21)	CH-7 DISCOVER CODING	<ul style="list-style-type: none">• COMPUTER PRACTICAL	
JAN (11)	CH-7 DISCOVER CODING	<ul style="list-style-type: none">• COMPUTER PRACTICAL	
FEB (20)	REVISION		
MARCH (13)	<u>ANNUAL EXAMS</u>		

APS DAMANA-SYLLABUS BIFURCATION-GK-CL I-2025-26
TEXTBOOK- EXPLORING GENERAL KNOWLEDGE

MONTH/DAYS	NAME OF THE CHAPTER	EXAMINATION
APRIL (20)	VIDYA PRAVESH ACTIVITIES L-1 IN THE WATER L-2 DO YOU KNOW ME	
MAY (16)	VIDYA PRAVESH ACTIVITIES AND WORKSHEET L-3 ANIMAL HOMES L-4 LET'S FLY WITH THEM	
JULY (20)	L-5 RECYCLE MAZE L-6 ECO FRIENDLY L-7 POSITIVE THOUGHTS	
AUG (19)	L-8 HOW SMART YOU ARE L-9 SHOW KINDNESS L-10 MAKING NEW FROM OLD	
SEP (21)	L-11 FAMOUS STORIES L-12 MAKING THINGS ALIVE L-13 THINGS WE USE	
OCT (17)	L-14 THEY ARE DIFFERENT!! L-15 SYMBOLS SPEAK L-16 THEY HELP US	
NOV (20)	L-17 UP IN THE SKY L-18 PARTS OF A COMPUTER L-19 INDIA AT A GLANCE	
DEC (21)	L-20 FESTIVE INDIA L-21 WHAT DO THEY SPEAK L-22 POPULAR IN THE WORLD TODAY L-23 COUNTRIES OF THE WORLD	
JAN (11)	L-24 I LOVE CARTOONS L-25 FUN TRAIL L-26 FACTS ABOUT INDIA DEFENCE	
FEB (20)	REVISION	
MARCH (13)	<u>ANNUAL EXAMS</u>	TERM II

APS DAMANA-SYLLABUS BIFURCATION-MUSIC-CL I-2025-26

MONTHS/DAYS	NAME OF THE TOPIC	EXAMINATION
APRIL (20)	<ul style="list-style-type: none">• SINGING OF SCHOOL PRAYERS (HINDI AND ENGLISH)	TERM I
MAY (16)	<ul style="list-style-type: none">• RECITATION OF RHYMES AND BHAJANS WITH RHYTHM.	
JULY (20)	<ul style="list-style-type: none">• PRACTICE OF SINGING INDIVIDUALLY ANY RHYTHM OR SONG.	
AUG (19)	<ul style="list-style-type: none">• PITCH PRACTICE AND PATRIOTIC SONGS	
SEP (21)	<ul style="list-style-type: none">• INTRODUCTION OF RHYTHM ON DRUM AND CONGO	
OCT (17)	<ul style="list-style-type: none">• INTRODUCTION OF STRING INSTRUMENTS (GUITAR)	TERM II
NOV (20)	<ul style="list-style-type: none">• IDENTIFICATION OF READ INSTRUMENTS (KEYBOARD AND HARMONIUM)	
DEC (21)	<ul style="list-style-type: none">• KNOWLEDGE OF SARGAM	
JAN (11)	<ul style="list-style-type: none">• PRACTICE OF SINGING PATRIOTIC SONGS AND INSPIRATIONAL SONGS	
FEB (20)	<ul style="list-style-type: none">• INTRODUCTION OF FOLK MUSIC	
MARCH (13)	<u>ANNUAL EXAMS</u>	

TEXTBOOK- ARTISTRY ART AND CRAFT

MONTH/DAYS	NAME OF THE CHAPTER	ACTIVITY	EXAMINATION	
APRIL (20)	CH-1 COLOUR CONCEPTS CH-2 LINES AND STROKES CH-3 PATTERNS CH-4 SHAPES	<ul style="list-style-type: none"> • PRIMARY, SECONDARY AND NEUTRAL COLOURS. • DRAWING • DRAWING • COLOURING 	TERM I	
MAY (16)	CH-5 TAILORBIRD CH-6 DOG CH-7 SUN CH-8 HALF 'N' HALF	<ul style="list-style-type: none"> • SCRIBBLING • COLOURING • MATCHSTICK PASTING • COLOURING 		
JULY (20)	CH-9 DOG HOUSE CH-10 LANDSCAPE CH-11 MOUSE CH-12 PINEAPPLE	<ul style="list-style-type: none"> • ICE CREAM STICK PASTING • COLOUR CODE • GRID DRAWING • THUMB IMPRESSION 		
AUG (19)	CH-13 ROCKET CH-14 HUT CH-15 SCENERY CH-16 INDEPENDENCE DAY CH-17 RAKSHA BANDHAN	<ul style="list-style-type: none"> • STIPPLING • PAPER TEARING AND PASTING • PATTERNS • PAPER CRUMPLING • SEQUIN PASTING 		
SEP (21)	CH-18 FISH CH-19 RAINY SEASON CH-20 MONSOON CH-21 PIZZA	<ul style="list-style-type: none"> • STEP-BY-STEP • FINGER IMPRESSION AND COTTON PASTING • STENCIL ACTIVITY • STICKER PASTING 		
OCT (17)	CH-22 UNDERWATER CH-23 MANGO CH-24 CAR CH-25 DIWALI	<ul style="list-style-type: none"> • COTTON BUD IMPRESSION • LADY'S FINGER IMPRESSION • DOT -TO-DOT • GLITTER PASTING 		TERM II
NOV (20)	CH-26 DISNEY LAND CH-27 JUG CH-28 OWL CH-29 SHEEP	<ul style="list-style-type: none"> • STICKER PASTING • PENCIL SHADING • PENCIL SHAVING PASTING • WOOL PASTING 		
DEC (21)	CH-30 BEAR CH-31 CAMEL CH-32 CHRISTMAS CH-33 PENGUIN	<ul style="list-style-type: none"> • COTTON IMPRESSION • WOOD POWDER PASTING • COLOURING • ORIGAMI 		
JAN (11)	CH-34 FISH CH-35 BIRTHDAY CARD CH-36 LADYBUG	<ul style="list-style-type: none"> • SPONGE PAINTING • CARD MAKING • THERMOCOL BALL PASTING 		
FEB (20)	CH-37 HOLI CH-38 CATERPILLAR CH-39 CAT CH-40 UNDERWATER ANIMAL	<ul style="list-style-type: none"> • COLOURING • BALLOON PAINTING • 3D MODELLING • PROJECT 		
MARCH (13)	<u>ANNUAL EXAMS</u>			

APS DAMANA-SYLLABUS BIFURCATION-SPORTS -CL I -2025-26

MONTHS/DAYS	NAME OF THE CHAPTER	EXAMINATION	
APRIL (20)	<ul style="list-style-type: none">• BASIC STRETCHING AND WARM UP EXERCISES• IMPORTANCE OF EXERCISE AND STAYING ACTIVE	TERM I	
MAY (16)	<ul style="list-style-type: none">• HEALTHY EATING BASICS• SIMPLE BALANCING ACTIVITIES		
JULY (20)	<ul style="list-style-type: none">• BASIC HYGIENE PRACTICES IN SPORTS• COORDINATION DRILLS		
AUG (19)	<ul style="list-style-type: none">• SIMPLE BREATHING EXERCISES• BASIC SPORTSMANSHIP AND FAIR PLAY		
SEP (21)	<ul style="list-style-type: none">• BASIC YOGA POSES• BALL HANDLING SKILLS		
OCT (17)	<ul style="list-style-type: none">• COORDINATION DRILLS• GROUP ACTIVITIES		TERM II
NOV (20)	<ul style="list-style-type: none">• SMALL AREA GAMES• CAT AND RATS• FOLLOW THE LEADER ETC		
DEC (21)	<ul style="list-style-type: none">• DEVELOPMENT OF SKILLS• BALL SENSE• CATCHING AND THROWING BALL		
JAN (11)	<ul style="list-style-type: none">• BALLOON BALL RELAY RACE• GROUP RELAY GAMES		
FEB (20)	<ul style="list-style-type: none">• LOCO MOTOR COORDINATION (RUN AND HOP) (RUN AND SKIP)		
MARCH (13)	<u>ANNUAL EXAMS</u>		

